



Vegan



Vegetarian



Gluten Free

* = option available -please ask your server or at the bar

STARTERS

- SQUID** £8
SAUCY COW BURGER MAYONNAISE
- HUMMUS/BABA GANOUSH** £6
OUR RUB, SESAME SEEDS & PITTA BREAD
- PRAWN COCKTAIL** £8
LETTUCE, CUCUMBER & MARIE ROSE
- POTATO SKINS** £6
BLUE CHEESE MAYO, CHIVE SOUR CREAM & CHEESE CRUMB

6/12 CHICKEN WINGS £6/£9

SAUCY COW CHOICES
JERK, PINEAPPLE BUFFALO, BBQ, B@ST@ED DYNAMITE

KIDS MENU

WITH JUICE CARTON

- CHEESEBURGER** £7.00
CHIPS & PEAS
- HOTDOG** £7.00
CHIPS & PEAS
- FISH FINGERS** £7.00
CHIPS & PEAS
- CHICKEN NUGGETS** £7.00
CHIPS & PEAS
- SCAMPI** £7.00
CHIPS & PEAS
- MAC 'N' CHEESE** £7.00
GARLIC PITTA & PEAS

STEAK/SALADS

- 250g/500g BAVETTE** £18/£22
MUSHROOM, CHIPS, PICKLES & GARLIC BUTTER
- CAESAR** £10
LETTUCE, CROUTONS, SUSSEX CHARMER & CAESAR DRESSING
- CHICKEN CAESAR** £15
OUR CAESAR WITH CHICKEN
- SMOKED SALMON CAESAR** £16
OUR CAESAR WITH SMOKED SALMON
- CHIMICHURRI STEAK SALAD** £16
LETTUCE, TOMATOES, RED ONION & CROUTONS

SAUCY COW SPECIALS

BE IT BURGERS, RIBS OR A HOTDOG - OUR SAUCY COW SPECIALS ARE DESIGNED AND SMOKED RIGHT HERE USING OUR IN HOUSE SMOKERS, AND SPECIALITY SAUCES & RUBS.



BURGERS

ALL OUR BURGERS AVAILABLE IN GF BUNS, ASK WHEN ORDERING

ALL SERVED WITH SAUCY COW BURGER MAYONNAISE, RELISH, GARNISH AND BRIOCHE BUN + 1 STANDARD SIDE

- BEEF BURGER** £16
CHEESE & BACON
- CAJUN CHICKEN** £16
CHARGRIILED BREST, CHEESE SLICES
- PULLED PORK BUN** £16
BBQ SAUCED PULLED PORK, SLAW
- MUSHROOM TRIPLE CHEESE** £16
HALLOUMI, CHEESE SLICE, BLUE CHEESE MAYO
- MOVING MOUNTAINS** £16
VEGAN CHEESE, BUFFALO JACKFRUIT, VEGAN MAYO & HUMMUS
- BUFFALO CHICKEN** £16
BUTTERMILK STYLED, BUFFALO SAUCE, BLUE CHEESE MAYO
- JERK CHICKEN** £16
BUTTERMILK STYLED, JERK SAUCE, CUCUMBER SALSA

SMOKED BOARDS

ALL OUR BOARDS INCLUDE A STANDARD SIDE

- BEEF BOARD** £23
SHORT RIB, BRISKET AND BURNT ENDS
- PORK BOARD** £19
PORK BELLY, BBQ PULLED PORK AND CRACKLING
- FULL RACK OF BABY BACK RIBS** £22
SAUCY COW BBQ SAUCE & PORK RUB
- SMOKED HUNTERS CHICKEN** £18
HALF CHICKEN COATED BBQ SAUCE, CRISPY BACON & MELTED CHEESE
- PULLED IT BOARD** £17
PULLED PORK, LAMB, VENISON AND A BAPS
- FISH BOARD** £19
PINAPPLE BUFFALO SESAME FISHCAKE, PRAWN COCKTAIL AND SMOKED SALMON
- MEZZE** £16
BABA GANOUSH, HUMMUS, COCONUT SLAW, CUCUMBER SALSA, BEETROOT, PICKLES & PITTA BREAD

- BEEF FUNGHI BLUE** £18
BEEF PATTY, CHEESE, MUSHROOM.BRISKET, BLUE CHEESE MAYO
- PORK BLINDER** £18
BEEF PATTY, CHEESE, PULLED PORK, SLAW
- LAMB BA BA** £18
BEEF PATTY, CHEESE, PULLED LAMB, SLAW
- DEER HUNTER** £18
BEEF PATTY, CHEESE, PULLED VENISON & SLAW
- MEGA ONSLOW** £22
2 X BEEF PATTY, CHEESE, BACON, PULLED PORK & BRISKET
- COCK 'N' COW** £22
BEEF PATTY, CHEESE, BACON, BUTTERMILK STYLED CHICKEN, BUFFALO SAUCE & BLUE CHEESE MAYO

RAGING INFERNO £18
BUTTERMILK STYLED CHICKEN, B@ST@ED DYNAMITE, JALAPENO JAM AND PICKLED CHILLIS
(FREE WHIPPY OF CHOICE IF YOU CAN FINISH THIS HOT STUFF)

HOTDOGS

ALL WITH 10INCH CUMBERLAND SAUSAGE & PICKLES + 1 STANDARD SIDE
ALL TOPPED WITH KIMBLED ONION

- PULLED PORK** £15
SAUCY COW KETCHUP AND MUSTARD
- PULLED LAMB** £15
SAUCY COW KETCHUP AND MUSTARD
- PULLED VENISON** £15
SAUCY COW KETCHUP AND MUSTARD
- BUFFALO BEEF CHILLI** £15
SAUCY COW KETCHUP AND MUSTARD
- VEGAN SAUSAGE** £15
BUFFALO JACKFRUIT & VEGAN MAYONNAISE

SIDES

STANDARD SIDES £4 EACH

- CHIPS** £4
SAUCY COW SEASONING
- SWEET POT FALAFEL BITES** £4
RED PEPPER VEGAN MAYONNAISE
- SPICED WEDGES** £4
SOUR CREAM CHIVE, PICKLED CHILLIES
- CORN ON COB** £4
SMOKED GARLIC PAPRIKA BUTTER
- BABY CAESAR** £4
LETTUCE, SUSSEX CHARMER, CROUTONS AND DRESSING
- GREEN SALAD** £4
LETTUCE, ROCKET, CUCUMBER & SPRING ONION WITH OLIVE OIL DRESSING
- BEETROOT GOATS CHEESE SALAD** £4
ROASTED BEETS & TOASTED HAZELNUTS
- COCONUT SLAW** £4
CABBAGE, ONION, DESICCATED COCONUT, VEGAN MAYONNAISE
- ONION RINGS** £4
CHIVE SOUR CREAM
- PICKLES** £4
CABBAGE, CARROT, RED ONION & CUCUMBER PICKLES

PREMIUM SIDES £5 EACH

- MAC 'N' CHEESE** £5
SECRET RUB CHEESE LEEK CRUMB
- CHEESY CHIPS** £5
SAUCY COW BURGER MAYONNAISE
- BURNT ENDS** £5
CUTS OF BRISKET IN SAUCY COW BBQ SAUCE



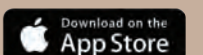
Tripadvisor



Reviews *****

ENJOYED YOUR VISIT? WE WOULD LOVE FOR YOU TO LEAVE US A REVIEW. COULD WE HAVE DONE BETTER? SPEAK TO A TEAM MEMBER BEFORE YOU LEAVE.

MOBILE ORDERING



ORDER FOOD & DRINKS DIRECTLY TO YOUR TABLE
Search for SAUCY COW on app store

DESSERTS

CHOCOLATE BROWNIE CHOCOLATE SAUCE & CORNFLAKE ICE CREAM	£7.00
STICKY TOFFEE PUDDING TOFFEE SAUCE & SALTED CARAMEL ICE CREAM	£7.00
VEGAN BAKEWELL TART 🌱 STRAWBERRY SAUCE & COCONUT ICE CREAM	£7.00
VEGAN TREACLE TART 🌱 TOFFEE SAUCE & COCONUT ICE CREAM	£7.00
ICE CREAM/SORBET SELECTION CHOOSE FROM..... SALTED CARAMEL, CORNFLAKE, DARK CHOCOLATE, MODERN VANILLA, VEGAN COCONUT, LEMON SORBET, PASSIONFRUIT SORBET, MANGO SORBET	£7.00

WHIPPYS

BROWNIE WHIPPY BROWNIE, HONEYCOMB PIECES, CHOCOLATE SAUCE & FLAKE	£7.00
STRAWBERRY WHIPPY STRAWBERRIES, MERINGUE & SHORTBREAD CRUMB	£7.00
LEMON WHIPPY LEMON CURD, MERINGUE & SHORTBREAD CRUMB	£7.00
TOFFEE CRUNCH WHIPPY STICKY TOFFEE, HONEYCOMB PIECES & TOFFEE SAUCE	£7.00
BOUNTY WHIPPY COCONUT FUDGE, DESICCATED COCONUT & CHOCOLATE SAUCE	£7.00
SNICKERS WHIPPY CARAMEL, PEANUT BUTTER, NUT BRITTLE & CHOCOLATE SAUCE	£7.00

stay saucy

SaucyCow sauces are made in the UK
and enjoyed all over the world.

Grab your sauces to enjoy at home on
saucycow.co.uk

Use discount code ONSLOWARMS for 10% off



Allergen information: Our menu descriptions do not include all ingredients.
If you have any questions, allergies, or intolerances, please speak to your
server before ordering.

DRINKS

DRAUGHT

AMSTEL	£5.20
MORRETTI	£6.50
GUINNESS	£6.00
THATCHERS GOLD	£5.00
THATCHERS HAZE	£5.00
WICKED WYVERN	£5.80
GOLDEN CHAMPION	£5.80
BADGER BEST	£4.20
FURSTY FERRET	£4.70
HEINEKEN 0%	£4.80

BOTTLES

HOPPING HARE	£5.10
TWICE TANGLED	£5.10
PERONI / GLUTEN FREE	£4.50
TANGLEFOOT	£5.10
CRABBIES GINGER BEER	£6.50
SOL	£3.50
OLD MOUT	£5.75
<small>OLD MOUT BERRIES & CHERRIES OLD MOUT KIWI & LIME OLD MOUT STRAWBERRY & APPLE OLD MOUT BERRIES & CHERRIES 0%</small>	

COCKTAILS £10

ESPRESSO MARTINI
MOJITO
LOUIS LAGOON
SEX ON THE BEACH
MOSCOW MULE
SEX ON THE CANAL
BLOODY MARY
BANANA ESPRESSO MARTINI
APEROL SPRITZ

SOFT BOTTLES

FENTIMANS GINGER BEER	£3.15
FENTIMANS TONIC	£2.90
FENTIMANS LIGHT TONIC	£2.90
FENTIMANS ORANGE TONIC	£2.90
FENTIMANS ELDERFLOWER TONIC	£2.90
FENTIMANS ROSE LEMONADE / FENTIMANS VICTORIA LEMONADE	£2.90
COKE	£3.90
DIET COKE	£3.40

WINES

WHITE

	125ML	175ML	250ML
NZ SAUV	£6.10	£7.10	£8.50
RIOJA	£6.10	£7.10	£8.50
CHARDONNEY	£6.10	£7.10	£8.50
PINOT GRIGO	£6.10	£7.10	£8.50

RED

MERLOT	£6.10	£7.10	£8.50
MALBEC	£6.10	£7.10	£8.50
SHIRAZ	£6.10	£7.10	£8.50
RIOJA	£6.10	£7.10	£8.50

ROSE

PINOT BLUSH	£6.10	£7.10	£8.50
WHITE ZINF	£6.10	£7.10	£8.50
PROVONANCE	£6.10	£7.10	£8.50

ENJOY THE ABOVE WINES THE BOTTLE £25

SPARKLING

LUNETTA PROSECCO	BOTTLE £30 200ML	£9.00
ROSE PROSECCO	BOTTLE £30 200ML	£9.00

SOFT DRAUGHT

	PINT	GLASS
COKE	£4.00	£3.10
DIET COKE	£4.00	£3.10
LEMONADE	£4.00	£3.10
ORANGE JUICE & LEMONADE	£4.00	£3.10
ORANGE JUICE	£3.75	£2.95
APPLE JUICE	£3.75	£2.95
CRANBERRY JUICE	£3.75	£2.95

COKE ZERO	£3.40
APPLETISER	£3.65
REDBULL	£2.65
SUGER FREE REDBULL	£2.65
J20	£3.65
<small>ORANGE & PASSION FRUIT APPLE & MANGO APPLE & RASPBERRY</small>	
SPARKLING WATER	£2.35
PINEAPPLE JUICE	£2.90
TOMATO JUICE	£2.90

SPRITS PER 25ML

VODKA

SMIRNOFF	£3.55
GREY GOOSE	£5.35
AU BLUE RASPBERRY	£5.35

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BOMBAY SAPPHIRE	£4.25
TANQUERAY	£3.55
TANQUERAY SEIVELLE	£3.85
SILENT POOL	£5.85
BOE PASSIONFRUIT	£4.50
PARMA VIOLET	£4.50
WHITNEY NEIL	
RASPBERRY GIN	£4.25
RUHBARB & GINGER	£4.25
PUERTO DE INDIAS STRAWBERRY	£4.25

RUM

BACARDI	£3.75
KRAKEN	£4.25
MOUNT GAY	£3.75
MALIBU	£3.75

WHISKEY

JACK DANIELS	£4.25
FAMOUS GROUSE	£3.55
GLENMORANGIE	£5.00

BRANDY

COUVOSIER	£4.00
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LIQUERS

DISARONNO	£3.55
PIMMS GLASS	£5.50
PIMMS JUG	£15.00
ARCHERS	£3.55
BAILEYS	£4.75

**FREE MIXER WITH
ALL DOUBLES.**

HOT DRINKS

BLACK COFFEE	£2.65	LATTE	£3.10	HOT CHOCOLATE	£3.10
WHITE COFFEE	£2.75	ESPRESSO	£3.10	TEA	£2.75
CAPPUCCINO	£3.10	FLAT WHITE	£3.10		