



Vegan



Vegetarian



Gluten Free

* = option available -please ask your server or at the bar

STARTERS

PITTA £5
HUMMUS, CRISPY ONIONS & SESAME SEEDS

SQUID £8
SAUCY COW BURGER MAYONNAISE

SMOKED MACKERAL PATE £8
DILL PICKLES & TOASTED BAGUETTE

8/14 CHICKEN WINGS SAUCY COW CHOICES £7/£10
JERK, PINEAPPLE BUFFALO, BBQ, BA**ARD DYNAMITE, POMEGRANITE BUFFALO, HARISSA, SWEET PIRI PIRI

POTATO SKINS £7
BLUE CHEESE MAYO & CHEESE CRUMB

PORK SPRING ROLL £8
OUR PULLED PORK WRAPPED IN FILO PASTRY WITH MILD CURRY MAYONNAISE

HOT N SAUCY

OUR SAUCES COME FROM MILD, TO VERY HOT BELOW ICONS HIGHLIGHT WHICH SPICE LEVEL.



Mild



Hot



Very Hot

SALADS

CAESAR SALAD £10
LETTUCE, CROUTONS, SUSSUX CHARMER & CAESAR DRESSING

ADD THE FOLLOWING FOR £15

- GRILLED GARLIC CHICKEN
- SMOKED TROUT
- BBQ PULLED PORK

ASIAN SALAD £11
PAK CHOI, CARROT, RED PEPPERS, CUCUMBER, SPRING ONIONS & SAUCY COW ASAIN DRESSING

ADD THE FOLLOWING FOR £16

- GRILLED GARLIC CHICKEN SATAY
- SMOKED PORK BELLY SATAY

GREEK SALAD £12
FETA, BLACK OLIVES, CHERRY TOMATOES, RED ONIONS & MINT MUSTARD OLIVE OIL DRESSING

SMOKED BOARDS

ALL SERVED WITH PICKLES + 1 STANDARD SIDE

BEEF BOARD £23
SHORT RIB, BRISKET & BURNT ENDS

PORK BOARD £23
PORK BELLY, BBQ PULLED PORK, SPICED HOT LINK SAUSAGES & CRACKLING

FULL RACK £22
PORK RUB & SAUCY COW BBQ SAUCE

HUNTERS CHICKEN £18
HALF CHICKEN COATED IN SAUCY COW BBQ SAUCE, CRISPY BACON & MELTED CHEESE

FISH BOARD £20
SMOKED TROUT FILLET, SMOKED MACKERAL PATE ON BAGUETTE AND SMOKED SALMON FISHCAKES TOPPED WITH PINEAPPLE BUFFALO SAUCE & SESAME SEEDS

MEZZE £16
HUMMUS, BEETROOT ROCKET SALAD, CUCUMBER SALSA, SLAW, POTATO SALAD & PITTA BREADS

BAVETTE STEAK £25
10oz BAVETTE, PICKLES, MUSHROOMS & GARLIC BUTTER

HOTDOGS

ALL TOPPED WITH CRISPY ONIONS
ALL WITH 10INCH CUMBERLAND SAUSAGE & PICKLES
+ 1 STANDARD SIDE

PULLED BBQ PORK £16
MUSTARD & KETCHUP

PULLED JERK CHICKEN £16
MUSTARD & KETCHUP

PULLED HARISSA LAMB £16
MUSTARD & KETCHUP

PULLED HOISIN DUCK £16
PLUM SAUCE & SAUCY COW BROWN SAUCE

VEGAN SAUSAGE £16
PINEAPPLE BUFFALO JACKFRUIT, VEGAN SLICED CHEESE & VEGAN MAYO

TOPPED PITTA'S £19

ALL SERVED WITH HUMMUS, CUCUMBER SALSA, LEMON MINT YOGURT, PICKLED CHILLIES AND SAUCY COW BURGER MAYONNAISE + 1 STANDARD SIDE

■ HARISSA PULLED LAMB

■ JERK PULLED CHICKEN THIGH

■ BBQ PULLED PORK

■ PINEAPPLE BUFFALO JACKFRUIT *

Tip: Make this Vegan by asking for no lemon & mint yogurt

BURGERS

ALL SERVED WITH SAUCY COW MAYONNAISE, RELISH, * , GARNISH AND BRIOCHE BUN + 1 STANDARD SIDE

BEEF BURGER £16
BEEF PATTY, CHEESE & BACON

CAJUN CHICKEN £16
CHARGRILLED BREAST & CHEESE SLICES

MUSHROOM TRIPLE CHEESE £16
HALLOUMI, CHEESE SLICES & BLUE CHEESE MAYO

MOVING MOUNTAINS £16
VEGAN CHEESE, VEGAN MAYO & HUMMUS

PULLED PORK BUN £16
BBQ PULLED PORK & SLAW

THE AQUAMAN £18
SMOKED TROUT FILLET & CUCUMBER SALSA

PORK BLINDER £18
BEEF PATTY, CHEESE, PULLED PORK & SLAW

FUNGHI BLUE £18

BEEF PATTY, CHEESE, BRISKET, MUSHROOM & BLUE CHEESE MAYO

THE MARRAKESH £18
BEEF PATTY, CHEESE, HARISSA PULLED LAMB & SLAW

QUACK ATTACK £18
BEEF PATTY, CHEESE & PULLED HOI SIN DUCK

BRUNCH £18
BEEF PATTY, CHEESE, SMOKED BACON SAUSAGE PATTY & FRIED EGG

MEGA ONSLOW £22
2 X BEEF PATTIES, BRISKET, PULLED PORK, CHEESE & BACON

BIGGER THE FIGURE £30
3 x BEEF PATTIES, CHEESE & BACON

BUTTERMILK STYLED CHICKEN BURGERS £16

ALL SERVED WITH SAUCY COW BURGER MAYONNAISE, SAUCY COW RELISH, GARNISH, CHIPOTLE SLAW + 1 SIDE

PINEAPPLE BUFFALO JERK

BA**ARD DYNAMITE PIRI PIRI

POMEGRANATE BBQ

SATAY

STANDARD SIDES £4

CHIPS * SAUCY COW SEASONING

SWEET POT FALAFEL BITES SAUCY COW BURGER MAYONNAISE

HASH BROWNS SAUCY COW BROWN SAUCE

CORN ON COB GARLIC BUTTER & SMOKED PAPRIKA

BABY CAESAR SALAD LETTUCE, SUSSEX CHARMER, CROUTONS & DRESSING

COUS COUS DRIED FRUIT, SPRING ONIONS, RED PEPPERS & HERBS

GREEN SALAD WATERCRESS, ROCKET, CUCUMBER & SPRING ONION

TOMATO FETA SALAD RED ONIONS & MINT MUSTARD OLIVE OIL

BEETROOT GOATS CHEESE SALAD ROCKET, HAZALNUT & BALSAMIC OLIVE OIL

CHIPOTLE CHILLI SLAW RED CABBAGE, CARROT, ONION & VEGAN MAYONNAISE

GIANT ONION RINGS CHIVE SOUR CREAM

POTATO SALAD CAPERS, SPRING ONIONS, SECRET RUB & VEGAN MAYONNAISE

PREMIUM SIDES £5

CHEESY CHIPS * MILD CURRY MAYONNAISE

HALLOUMI FRIES SAUCY COW PINEAPPLE BUFFALO SAUCE

CHEESY GARLIC CIABATTA BLUE CHEESE MAYONNAISE

MACARONI CHEESE SECRET RUB & CHEESE CRUMB

JERK PORK BITES CUTS OF PORK BELLY IN SAUCY COW JERK SAUCE

BUFFALO PORK BITES CUTS OF PORK BELLY IN SAUCY COW BUFFALO SAUCE

BURNT ENDS CUTS OF BRISKET IN SAUCY COW BBQ SAUCE

HOT LINKS SMOKED SPICED SAUSAGE

UPGRADE TO A PREMIUM SIDE FOR £1



ORDER FOOD & DRINKS DIRECTLY TO YOUR TABLE

Search for Saucy Cow app



LUNCH MENU

SERVED MONDAY-SATURDAY 12-3 ONLY

ENJOY OUR LUNCH TIME SPECIALS IN ADDITION TO OUR MAIN MENU



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CIABATTA SANDWICHES

(ALL SERVED WITH CRISPS)

BACON, LETTUCE, TOMATO
AND SAUCY COW MAYO £10.00

HAM AND CHEDDAR SLICES £10.00

CHICKEN CAESAR AND LETTUCE £10.00

PRAWN MARIE ROSE
AND LETTUCE £10.00

 CHEDDAR SLICES
AND SLICED TOMATO £10.00

 HUMMUS, PICKLED RED ONIONS
AND ROCKET £10.00

PUB CLASSICS

SCAMPI & CHIPS, PEAS & TARTARE £16.00

COD, CHIPS, PEAS & TARTARE £18.00

HAM, EGGS AND CHIPS £14.00

10 INCH CUMBERLAND SAUSAGE,
EGGS, AND CHIPS £15.00

WHIPPYS

£7

CHOCOLATE WHIPPY

COFFEE CHOCOLATE CAKE, CHOCOLATE SAUCE & CHOCOLATE FLAKE

TOFFEE WHIPPY

STICKY TOFFEE, TOFFEE SAUCE, SHORTBREAD CRUMB

SNICKERS WHIPPY

CARAMEL, PEANUT BUTTER, NUTS & CHOCOLATE SAUCE

LEMON WHIPPY

LEMON CURD, BISCUIT BASE & MERINGUE

DESSERTS

£7

CHOCOLATE ORANGE HAZELNUT TART

CHOCOLATE SAUCE & SALTED CARAMEL ICE CREAM

STICKY TOFFEE PUDDING

TOFFEE SAUCE & HONEYCOMB ICE CREAM

VEGAN BAKEWELL TART

STRAWBERRY SAUCE & COCONUT ICE CREAM

ELVIS MOCHA GLORY TRIFLE

COFFEE CHOCOLATE CAKE, CUSTARD, RASPBERRY JAM & CREAM

RASPBERRY CHEESECAKE

DECONSTRUCTED IN A GLASS

CHEESE BOARD

£10

BRIE, SUSSEX CHARMER, BLACKSTICKS BLUE, PICKLED CELERY, FROZEN GRAPES, ONION CHUTNEY AND CRACKERS

SORBET/ICE CREAM SELECTION

1 scoop £2 | 2 scoop £4 | 3 scoop £5.50

APPLE SORBET, MANGO SORBET, BLOOD ORANGE SORBET, MODERN VANILLA, SALTED CARAMEL, HONEYCOMB, DARK CHOCOLATE & VEGAN COCONUT

KIDS MENU £7

CHEESEBURGER

CHIPS & PEAS

FISH FINGERS

CHIPS & PEAS

CHICKEN NUGGETS

CHIPS & PEAS

HOTDOG

CHIPS & PEAS

MAC N CHEESE

CHIPS & PEAS



DRINKS

DRAUGHT

| | |
|----------------|-------|
| CRUZCAMPO | £5.60 |
| MORRETTI | £6.80 |
| GUINNESS | £6.80 |
| THATCHERS GOLD | £5.40 |
| THATCHERS HAZE | £5.40 |
| WEST COAST IPA | £6.30 |
| HAZY IPA | £6.30 |
| BADGER BEST | £4.30 |
| FURSTY FERRET | £4.80 |
| HEINEKEN 0% | £4.95 |
| TANGLE FOOT | £5.30 |

BOTTLES

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| HOPPING HARE | £5.10 |
| TWICE TANGLED | £5.10 |
| PERONI / GLUTEN FREE | £4.50 |
| TANGLEFOOT | £5.10 |
| CRABBIES GINGER BEER | £6.50 |
| SOL | £3.50 |
| GUINNESS 0% | £5.90 |
| PERONI 0% | £4.00 |
| OLD MOUT | £5.75 |

OLD MOUT BERRIES & CHERRIES
OLD MOUT KIWI & LIME
OLD MOUT STRAWBERRY & APPLE
OLD MOUT BERRIES & CHERRIES 0%

SOFT BOTTLES

| | |
|--------------------|-------|
| GINGER BEER | £3.15 |
| TONIC | £2.90 |
| LIGHT TONIC | £2.90 |
| ORANGE TONIC | £2.90 |
| ELDERFLOWER | £2.90 |
| ROSE LEMONADE | £3.15 |
| VICTORIAN LEMONADE | £3.15 |
| COKE | £3.90 |
| DIET COKE | £3.40 |



WINES

175 ML

250ML

WHITE

| | | |
|--------------|-------|-------|
| NZ SAUV | £7.80 | £9.30 |
| RIOJA | £7.80 | £9.30 |
| PINOT GRIGIO | £7.80 | £9.30 |

RED

| | | |
|--------|-------|-------|
| MERLOT | £7.80 | £9.30 |
| MALBEC | £7.80 | £9.30 |
| SHIRAZ | £7.80 | £9.30 |
| RIOJA | £7.80 | £9.30 |

ROSE

| | | |
|----------------------|-------|-------|
| PINOT BLUSH | £7.80 | £9.30 |
| WHITE ZINF | £7.80 | £9.30 |
| DOMAINE DE LA VIELLE | £7.80 | £9.30 |

ALL WINE AVAILABLE IN 125ML UPON REQUEST
ENJOY THE ABOVE WINES BY THE BOTTLE

£25

SPARKLING

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|------------------|--------------------|-------|
| LUNETTA PROSECCO | BOTTLE £30 200ML | £9.00 |
| ROSE PROSECCO | BOTTLE £30 200ML | £9.00 |

SOFT DRAUGHT

PINT

GLASS

| | | |
|-------------------------|-------|-------|
| COKE | £4.20 | £3.30 |
| DIET COKE | £4.20 | £3.30 |
| LEMONADE | £4.20 | £3.30 |
| ORANGE JUICE & LEMONADE | £4.20 | £3.30 |
| ORANGE JUICE | £3.95 | £3.15 |
| APPLE JUICE | £3.95 | £3.15 |
| CRANBERRY JUICE | £3.95 | £3.15 |

| | |
|------------------------|-------|
| COKE ZERO | £3.40 |
| APPLETISER | £3.65 |
| REDBULL | £2.65 |
| SUGAR-FREE REDBULL | £2.65 |
| J20 | £3.65 |
| ORANGE & PASSION FRUIT | |
| APPLE & MANGO | |
| APPLE & RASPBERRY | |
| SPARKLING WATER | £2.35 |
| PINEAPPLE JUICE | £2.90 |
| TOMATO JUICE | £2.90 |

SPRITS PER 25ML

VODKA

| | |
|-------------------|-------|
| SMIRNOFF | £3.55 |
| GREY GOOSE | £5.35 |
| AU BLUE RASPBERRY | £5.35 |

GIN

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|-------------------|-------|
| BOMBAY SAPPHIRE | £4.25 |
| TANQUERAY | £3.55 |
| TANQUERAY SEVILLE | £3.85 |
| SILENT POOL | £5.85 |
| BOE PASSIONFRUIT | £4.50 |
| PARMA VIOLET | £4.50 |
| WHITLEY NEILL | |
| RASPBERRY GIN | £4.25 |
| RHUBARB & GINGER | £4.25 |
| PUERTO DE | |
| INDIAS STRAWBERRY | £4.25 |

RUM

| | |
|-----------|-------|
| BACARDI | £3.75 |
| KRAKEN | £4.25 |
| MOUNT GAY | £3.75 |
| MALIBU | £3.75 |

WHISKEY

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|---------------|-------|
| JACK DANIELS | £4.25 |
| FAMOUS GROUSE | £3.55 |
| GLENMORANGIE | £5.00 |

BRANDY

| | |
|-------------|-------|
| COURVOISIER | £4.00 |
|-------------|-------|

LIQUERS

| | |
|-------------|--------|
| DISARONNO | £3.55 |
| PIMMS GLASS | £5.50 |
| PIMMS JUG | £15.00 |
| ARCHERS | £3.55 |
| BAILEYS | £4.75 |

FREE MIXER WITH ALL DOUBLES.



ENJOYED YOUR VISIT?
WE WOULD LOVE FOR YOU
TO LEAVE US A REVIEW
UNHAPPY? PLEASE SPEAK
TO THE TEAM BEFORE YOU LEAVE

HOT DRINKS

| | | | | | |
|--------------|-------|------------|-------|---------------|-------|
| BLACK COFFEE | £2.60 | LATTE | £3.00 | HOT CHOCOLATE | £3.00 |
| WHITE COFFEE | £2.70 | ESPRESSO | £3.00 | TEA | £2.70 |
| CAPPUCCINO | £3.00 | FLAT WHITE | £3.00 | | |